

**St. Thomas Aquinas School
Curriculum Map**

Course: Physical Education

Grade Level: K

Content	Skills	Suggested Assessments	Connecticut Content Standards
<p>1st Marking Period</p>	<p>Warm-up and Instant Activities</p> <p>Sport Related Skills</p> <p>Soccer</p> <p>Football</p> <p>Basketball</p>	<p>Movement and Spatial Awareness</p> <p>Introduce Soccer, Football, Basketball, Volleyball, and Softball Skills</p> <p>Soccer skills: trapping, passing, shooting, offensive and defensive skills, and lead-up activities.</p> <p>Football Skills: catching, throwing/passing skills, spatial awareness, and lead-up activities.</p> <p>Basketball Skills: passing, dribbling, shooting, offense/defense, and lead-up activities.</p>	<p>Actively observe each students fine and gross motor skills.</p> <p>Actively observe students progress</p> <p>Actively observe students progress</p> <p>Actively observe students progress</p> <p>Standard #2 ~Human Movement</p> <p>Standard #1 ~Physical Activity</p> <p>Standard #1 ~Physical Activity</p> <p>Standard #1 ~Physical Activity</p>

Content	Skills	Suggested Assessments	Connecticut Content Standards
<p>2nd Marking Period</p>	<p>Volleyball</p>	<p>Volleyball Skills: Passing, Bumping, Setting, Hitting/Spike, Communication, Spatial Awareness, and Lead-up Activities</p>	<p>Actively observe students progress</p> <p>Standard #1 ~Physical Activity</p>
	<p>Cooperative/Team Building Activities</p>	<p>Cooperative/Team Building Activities: Communication, Leadership, Observation, and Sportsmanship.</p>	<p>Assess how students work/cooperate with others -communication skills -listening skills</p> <p>Standard #4 ~Responsible Behavior</p> <p>Standard #5 ~Respect for Differences</p>
	<p>Softball</p>	<p>Softball Skills: Striking, Throwing, Catching, Base Running, Fielding, and Lead-up Activities.</p>	<p>Actively observe students progress</p> <p>Standard #1 ~Physical Activity</p>

Content	Skills	Suggested Assessments	Connecticut Content Standards
3rd Marking Period	Parachute Activities	Parachute Skills and Activities --Team Work --Listening Skills	Assess how well students work as a large group to accomplish the task at hand. Standard #4 ~Responsible Behavior
	Hockey Floor /Pillo-Polo	Floor Hockey/Pillo-Polo Skills: Stick handling, trapping, passing, shooting, and lead-up activities.	Actively observe students progress Standard #1 ~Physical Activity
	Cooperative Games	Cooperative Games: Team Work, Character Building, Communication Skills, and Leadership.	Assess how students work/cooperate with others in a group setting. Standard #4 ~Responsible Behavior Standard #5 ~Respect for Differences Standard #6 ~Benefits of Physical Activity

Content	Skills	Suggested Assessments	Connecticut Content Standards
<p>4th Marking Period</p>	<p>Team Handball</p>	<p>Handball Skills: Catching, Throwing, Spatial Awareness</p>	<p>Actively observe students progress</p> <p>Standard #1 ~Physical Activity</p>
	<p>Frisbee</p>	<p>Frisbee Skills: Catching and Throwing—styles of catching and throwing a Frisbee, Spatial Awareness, and Lead-up Activities</p>	<p>Actively observe students progress</p> <p>Standard #1 ~Physical Activity</p>
	<p>Cup Stacking</p>	<p>Cup Stacking: Ambidexterity, left side/right side, goal setting, hand-eye coordination, concentration, body and brain.</p>	<p>Assess students use of both hands, concentration, and hand/eye coordination.</p> <p>Standard #2 ~Human Movement</p>

